



THE PATRIOT PRESS



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PRINCIPAL'S MESSAGE (By Larry Oshodi)

Dear Parents,

The results of the new computer-based statewide test administered to 11th graders last spring have been released. Last year's juniors took the Smarter Balanced assessment in English and mathematics and our students did well overall. Look out in the mail for your student's individual result which will be mailed home at the beginning of the second quarter with an explanation and analysis of the test.

Congratulations to Honor Roll scholars as well as our Students of the Quarter. We have over 800 students who made the honor rolls based on their grades from last semester and 55 students recognized by teachers last quarter for exemplary performance and conduct.

COFFEE WITH THE PRINCIPAL (By Rose Thompson)

Mr. Oshodi would like to invite you to Coffee with the Principal.

This is a great time for parents to sit down informally with Mr. Oshodi and discuss all the important things happening at Heritage High School.

Dates/Times/Locations

Tuesday, November 10th, 6-7 p.m. at Starbucks (Streets of Brentwood)

Thursday, February 4th, 6-7 p.m. at Willy's Bagels & Blends (390 W. Country Club Dr.)

Thursday, April 21st, 6-7 p.m. at Starbucks (Streets of Brentwood)

Congratulations Students of the Quarter!

English

Tabasom Bahramand
Noah Carter
Megan Curran
Erika de Guia
Carlos Escobar
Justin Germann
Joaquin Gonzalez
Makena Horne
Marcelino Mejia
Holly Morales
Audrey Nolan-Smith
Jenae Packard
Vincent Reyes
Brandon Rubio
Aidan Schoch
Joseph Wright
Nicholas Zell

Social Studies

Joshua Asuncion
Bradley Chamberlin
Cooper Gable
Sophia Guernsey
Christianna McFarland
Adam Saleh
Cristian Sanchez
Rigel Sison
Madison Stitzel
Veronika Wallace

Science

Cydnie Atkinson
Bradley Beecher
John Lyster
Kassidy Lywandowsky
Jasmine Ortiz
Vanessa Smith
Alexandra Spratto
Isabella Vo
Jerod Warren

Career Technology

Samantha Cardenas

Visual & Performing Arts

Huda Ahmed
Jade Box
Nicolas Kang
Celia Rivera
Jacob Simonds
Derrian Tabilin
Joshua Vreeland

World Languages

Natalie Alvarado
Younes Dayekh
Ashley Hamilton
Keaton Kalasardo
Timothy Kein
Amber Sun

**SCHOOL ADVISORY COUNCIL (SAC)
(By Larry Oshodi)**

Parents and students are welcome to attend our School Advisory Council Meetings. Meetings will be held in the Principal's Conference Room at 3:15. We hope to see you at one of the following meetings:

November 19
December 17
January 28
February 25
March 31
April 28
May 26

**ATHLETICS
By Pat Cruickshank**

Fall 2015

Welcome to the start of what is certain to be another exciting year of Patriot Athletics!

It was great to see so many parents and students at our Athletic Orientation Night on August 4th! The size of the crowd shows us how important Athletics is to a well-balanced comprehensive high school such as ours.

One important point from the evening was our new on-line registration process for your athlete. The process has been streamlined and we continue to make minor changes that will make the task of registering your student easier! Please go to our school website, hit the athletics tab, and follow the instructions there to register your son or daughter. The physical exam page and emergency card can be downloaded while you are registering and must still be turned in to SLC-A to become fully cleared to participate. Please make sure that you do this at least one week prior to the beginning of tryouts for your particular sport. Waiting to turn these things in and register may mean that they are not cleared for the first day or so of tryouts!

As for our athletes, they are preparing for a season of tough competition in the always competitive Bay Valley Athletic League! Our fall sports include Football, Girls Volleyball, Cross-Country, Boys and Girls Water Polo, Girls Golf, and Girls Tennis. We also have a new Unified Sport this year in the fall and that is Soccer. Games will be played on Fridays in October & November at 3:30.

I would be remiss if I did not throw out a huge Thank You to our Booster Club for their tremendous support for Athletics. They are a hard working organization and they need your help! Thanks to the outgoing

board led by Kim Phipps, and welcome to the new board and President Jayson Sutton! Please get involved, become a member, and help them to help your student-athletes!

Until I see you on the field, court, the course, or the pool deck....

AB 2706
By Adam Clark

By law, most people are now required to have health insurance or pay a penalty when they file their taxes. Through Covered California, a program from the state of California, qualified legal residents of California and their families can compare health insurance plans and enroll in the one that works best for their needs and budget. Financial assistance is available to qualifying individuals and families to help them pay for health insurance premiums. This means the federal government may pay a portion of the health insurance premium. Individuals and families may also qualify for Medi-Cal benefits.

Visit CoveredCA.com to learn more, compare health insurance plans, choose the one that best fits your needs and enroll online. For free, confidential, in-person help, in your area, visit www.CoveredCA.com/get-help/local or call (800) 300-1506.

The open-enrollment period to enroll in Covered California health insurance plans happens once a year. Once the open enrollment period closes, you may enroll in a Covered California health plan only if you have a qualifying life event that makes you eligible to apply. Some examples of qualifying life events are: losing your health coverage, getting married, moving outside your plan's coverage area, having a baby and turning 26. To see if you qualify, visit www.coveredca.com/individuals-and-families/getting-covered/special-enrollment. To enroll during this time, you must apply

within 60 days of your qualifying life event. For more information and to find free, confidential, in-person help in your area, visit www.CoveredCA.com/get-help/local or call (800) 300-1506.

Undocumented and non-citizen or permanent-resident parents should not fear that applying on behalf of their children or dependents, who may be eligible for health coverage, will result in deportation or other immigration-related actions. For more clarification, read the Immigrations and Customs Enforcement memo on health enrollment and immigration at www.ice.gov/doclib/ero-outreach/pdf/ice-aca-memo.pdf in English and www.ice.gov/espanol/factsheets/aca-memoSP in Spanish.

PARENT SOCIAL MEDIA NIGHT
By Jessica Banchieri

Attention 10th grade parents! Please join us on November 4th at 6:30 p.m. in the theatre for a Symposium surrounding the topic of social media and our youth. Hear from staff, students and our School Resource Officer about not only the positives and negatives of social media, but also the apps and sites our kids are using.

OCTOBER IS CREEK AND CHANNEL
SAFETY AWARENESS MONTH
(By Rose Thompson)

As children return to school and the rainy season approaches, the Contra Costa County Flood Control District would like to take this opportunity to direct your attention to their website for information and suggestions for promoting safety and awareness regarding local creeks and channels. Visit their website at www.cccounty.us/creekandchannelsafety.

COLLEGE & CAREER CENTER NEWS

By Kelly Perkins/Michelle Snyder

Heritage High School would like to welcome a new addition to our College & Career Center – Kelly Perkins. Kelly joins Michelle Snyder in the College & Career Center and will provide much needed additional resources to our students and parents. She comes to Heritage with 8 years of experience as a College & Career Center Coordinator from Liberty High School. Welcome Kelly to the Patriot Family!!!

Keep current with all the College & Career events by following us on twitter @HHSCollegetr or checking out our website regularly at <http://libertyunion.schoolwires.net/domain/441>. This is a great tool to stay informed of all the events happening in the College & Career Center. We have several college presentations scheduled during the school day and encourage students to sign up to attend in the Career Center.

College/University Application Period CSU: October 1 – November 30

<https://secure.csumentor.edu/AdmissionApp>

/UC: November 1 – November 30
<https://admissions.universityofcalifornia.edu/applicant/login.htm>

Private & Out of State: Check with individual college/university websites for deadlines.

College application help is available during Patriot Plus on October 21st and November 4th. In addition, help is available before or after school in the Career Center or by appointment.

SAT DATES

December 5th – register by November 5th to avoid a late fee.

ACT DATES

December 12th – register by November 6th to avoid a late fee.

ASVAB – October 28th at 8 a.m. in the College & Career Center. Register in the Career Center. Exam is **FREE**. (10th – 12th grade). The tests and activities help students identify their interest and provide information about their Verbal, Math, Science and Technical skills. Great College & Career Exploration Test and test prep for the SAT or ACT.

Collegiate Sport information is available on the HHS Website at <http://libertyunion.schoolwires.net/Page/2860>. There are links to NCAA & NCIA eligibility. You can also find resources for Core Course GPA and current eligibility and recruiting topics.

Want to Play
College Sports?

You MUST
Know Your Core
Course GPA.



CORECOURSEGPA.com

Addressing Recruiting and Eligibility...at its Core.

Heritage High School has teamed up with CoreCourseGPA.com to provide custom online software to all student-athletes to assist in tracking their progress towards meeting NCAA initial eligibility requirements.

CoreCourseGPA.com calculates core course GPA for both the Division I and II, provides corresponding minimum SAT/ACT scores, and a detailed report of core course credits earned and needed.

All student-athletes are encouraged to activate their **FREE** membership to begin tracking their core course GPA and learn more about important recruiting topics. The sooner, the better - every semester counts!

Activate Your **FREE** Membership

Step 1: Go to www.CoreCourseGPA.com

Step 2: Click "Free New Member Account"

Step 3: Enter School ID and School Code

Step 4: Complete Registration Form

School ID: 050386

School Code: 737678811

AFTER SCHOOL HOMEWORK CLUB
(By Charleen Lovick)

Students: Need help with your homework?
Want someone to proofread your papers?
Need to type a paper but don't have a
computer at home?

H.E.L.P. is here!!

(Heritage Extended Learning Program)

3:00-4:30 p.m.

Monday* thru Thursday

Room C-111

(*Exceptions include: 2nd Monday
of the Month)

You must follow all school rules and be
working on homework in order to come
to the HELP program. Disruptive
students will be asked to leave and/or
receive a referral.



HAUNTED HOUSE
(By Chris Fallows)

Come and see Heritage's Haunted
House on **October 29th & 30th**.
Opens from **8-10 p.m.** Cost is
\$5.00. Beware....not for the
faint of heart.

RISING STARS
(By Chris Fallows)

Auditions for The Drowsy Chaperone will
be held on October 19th-24th. This musical
is a ridiculous comedy about one man's

obsession with a ridiculous comedy.
Students may find audition information at
www.HHSRisingStars.com.

PATRIOT PLUS WORKSHOPS
(By Christine Dalton, Natalie Mathrole,
Ignacia Preciado, and Rebecka Watson)

The Counseling Department and the College
and Career Center are excited to announce
that we will be holding Patriot Plus
workshops for students. These workshops
will be largely focused on college
applications and scholarships. Please
encourage your student to sign up for one or
all of the workshops! The dates and topics
are listed below:

Date	Topic	Location
Nov. 4 th	Application Workshop (Seniors)	College and Career Center
Dec. 2 nd	Local Scholarship Applications (Seniors)	College and Career Center
Dec. 9 th	Community College Steps (Seniors)	College and Career Center

AP CHEMISTRY
(By Mindy Sanders)

We are very excited to see how the AP
Chemistry program has grown since
Heritage High School began 11 years
ago. When the program started, we had
10 students in one class and now we
have 66 students in three classes. We
are very pleased to welcome Ms. Mahsa
Meemari to join in teaching the class this
year with Ms. Mindy Sanders.

In continuing to help our students
embrace a love of chemistry, please
check out the donorschoose.org Oprah

Winfrey website where there is a project under Ms. Sanders' name.

Students will be creating a "Top 10" review for each topic in AP Chemistry to help review for the AP Chemistry College Board exam and then, after exams are done in May, we will travel to Adams Middle School to share the love of chemistry with the 8th graders for our annual magic show. Thank you for your support!

TARGET'S TAKE CHARGE OF EDUCATION PROGRAM
(By Rose Thompson)

To date, Target® has donated over \$300 million to help K-12 schools through their Take Charge of Education (TCOE) program. When parents, teachers, and other school supports use the REDcard®, Target donates up to 1% of their purchases to the eligible K-12 school they designate. To learn more about the program, visit Target.com/tcoe.

CPR CLASSES
(By Sarah Davies)

If you currently hold a certification and would like to get re-certified, classes will be Wednesday, October 21st from 3:30-5:30p.m. and Saturday, October 24th from 9:00-11 a.m. You only need to attend one class and you MUST sign up with Ms. Davies either in HR-103 or by email at daviess@luhsd.net. The cost is \$35 and classes will be held in HR-103.

ABI PARENT PORTAL INFORMATION
(By Gina Kroner)

The Liberty Union High School District has transitioned to a new Student Information System, Parent Portal through ABI (Aeries Browser Interface) for parents. We think you will enjoy the new interface and access to more timely information. The attendance in the portal is updated live-time, as are any assignment updates completed by the teachers.

How do I get an account?

Accounts were generated at the end of the first quarter. Any parent with an accurate email address listed in the student's electronic record received an email with the login process as soon as the portal was opened.

Do I have to have an email address listed to get an account?

Yes. If your email address is not listed in your child's record and/or you did not update it at walk-thru, please contact the school or email hhsattendance@luhsd.net to have that information listed in your child's electronic record. If you do not have an email account, you can create one for free through G-mail.

Can my son/daughter sign up for an account?

Yes, your son/daughter can sign up to access his/her own account. To do so, your son or daughter's email address should be listed in the student's record. The view for a student is identical to that of a parent, so they will want to select "Student" when asked what type of account they want to create.

Are there resources available to me so I know what to do?

The ABI Parent Portal website was completed with FAQs, video instructions, and other documentation to assist you in navigating the portal. The interface is intuitive, so I think you will really enjoy the new service.

Who do I contact if I need assistance?

If you need assistance, you may contact Heritage directly; however, we request that you first go to the online resources on the **Parent Info** tab to address your questions.

CAFETERIA COMPUTERIZED PAYMENT SYSTEM

The Liberty Union High School District recently adopted the Nutrikids computerized Point-of-Sale payment system for meals purchased in the district's cafeterias. Some parents may be familiar with a similar system that is used by some of the elementary schools.

Each student has their own meal account based on their Student ID number. Transactions will only require that the student swipe their ID card across a scanner that is located at each cashier terminal.

The posting of credits to your child's account is done on the Nutrikids website by using a credit card or via Paypal. A link to nutrikids.com is on the Parent Portal, and also on the HHS website. You will be able to view your child's meal purchases online, by accessing your account on the Nutrikids website. We are encouraging you to create an account for your child, but the system is flexible, so you may still pay for meals with cash.

If your child qualifies for Free-or-Reduced price lunches or breakfasts, this information is securely contained within the system and the transaction will be processed just as it is for all other students.

If you are concerned about a food allergy that your child has, please provide the cafeteria with this information. A warning will appear on the cashier's screen for a quick review of the items on the student's meal tray.

TRANSCRIPTS

(By Michelle Snyder)

Need a Transcript? Visit the HHS website at www.luhdsd.net/heritage and visit the Counselor page under the Student Info tab. There are two options for transcript requests - Electronic or Other. The electronic process is quick, easy and provides a tracking system. The other process requires printing out a completed form, turning in the form to the Registrar for processing, then pick up/mail out. There is no tracking method with this process.

HERITAGE HIGH LIGHTS

(By Rose Thompson)

■ Congratulations to Ryan Kelley and Matthew Allred for attaining their Eagle Scout Rank.

SAFETY CORNER

In this section of our Parent Newsletter, we cover topics related to campus safety and how you can assist. The Safety Corner will also be available on the school website where you can make comments and ask general safety questions.

► All visitors, including parents who need to drop off items for their student, must park in a visitor parking space (located near the front of the school) and report directly to the Administration Building.

► Students have been doing a great job wearing their school ID allowing us to better identify potential non-students on campus. Please continue to help your student remember to wear his/hers everyday.

► On Professional Development Days (specific late start Wednesdays), all staff members are required to collaborate and supervision is unavailable until 9:15 a.m. Therefore, we ask that students not be on campus until then.

► Heritage High School complies with State law, coordinating and practicing fire, earthquake, and intruder drills at least 4 times a year.

► Due to the amount of traffic in the student parking lot before and after school, Heritage encourages parents to drop off/pick up in the designated areas on American Avenue and to arrange carpools when possible.

**THANK YOU FOR HELPING US KEEP
OUR STUDENTS AND STAFF SAFE!**